











James Elliman Academy

Home Learning Timetable

Before 9.00 	Wake Up	Eat breakfast, make your bed and then get dressed.
9.00 	Morning Exercise	Take a walk, skipping, 10 minute workout, GoNoodle, cosmic yoga.
10.00 	Learning Time	Writing and Maths.
11.00 	Creative Time	One of the following: Science, Topic.
12.00 	Lunch Time	Don't forget to wash your hands before lunch! (6 steps of handwashing).
12.30 	Chore Time	Wash and tidy up.
1.00 	Quiet Time	Reading, puzzles, nap, TV.
1.30 	Learning Time	English Comprehension and SPAG.
2.30 	Play Time	Play board games, Pumpkin Soup role play with your family.
3.00 	Free Time	Choose your favourite activity.