

# Easter Activities For Year 5

## Activity 1. Decorate an Easter Egg Tree

Decorate a tree (indoors or outside, depending on the weather) with chocolate Easter eggs and any other spring decor (such as pastel ribbons or tissue paper flowers). Use ribbons, string or any other material you think will work to keep the eggs in the tree. When Easter rolls around enjoy eating all of that lovely chocolate off the tree!



## Activity 2. Create a Gift Basket

You will perform a random act of kindness this Easter and put together a gift basket for a relative or loved one. Get creative with the contents to make this a more fun and meaningful activity. For example, you could fill plastic Easter eggs, or paper flowers etc; with nice notes that say things like, "You're egg-cellent!" and "Sweetest 'relative' ever."

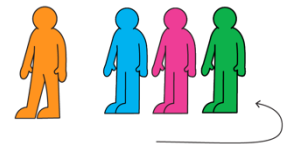


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## Activity 3. Super Shapes Easter exercise

- 1) Choose one person to be the leader. Everyone else gets into a line behind them. Or you could do this alone.
- 2) The leader sets off walking. Every few steps, they shapeshift into a move that everyone in the line has to copy, like a star jump, press-up, running on the spot or a dance move. Try to come up with as many different ones as you can!
- 3) After 10 shapeshifts, the leader goes to the back of the line and the new leader starts making different shapes.
- 4) Keep on going for 10 minutes!

<https://www.nhs.uk/10-minute-shake-up/shake-ups/jack-jacks-super-shapes#shake-up-popper-content>



## Activity 4. Cress Egg Heads.

Put some damp cotton wool into the base of an empty eggshell or yogurt pot. You can draw a face on to the eggshell or yogurt pot with a permanent felt pen. Sprinkle some cress seeds onto the cotton wool and watch the seeds grow. It will take about a week to grow. Once the cress has grown, you can use it to make their own sandwiches.



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## Activity 5. Creating Your Own Obstacle Course or Circuit Training.

Kids can use anything they want to for this, including indoor equipment: skipping ropes, hula hoops, stools, balls, beanbags (or anything to run in and out of in a figure of 8, football training style, e.g jumpers, socks...). Activities can be dotted around the garden (you can call them stations). Circuit training example: station 1 - star jumps, station 2 - hula hoop practise, station 3 - step on, step off stool 10 times, station 4 - how far can you jump? Etc.