



Obstacle

To play this game you need to run around or jump over as many obstacles as you can?

- 1) Be creative- place out objects: e.g. pillows, teddies around an area
- 2) Each time you jump over an object you score a point



Simplify

- Less equipment
- Step over the objects

Progression

- Hop over the objects
- Time limit- 60 seconds

#StayHomeBeActive