

# Walking at Night

Reflective clothing reflects light from car and bike headlamps

Be Safe Be Seen!

Wear reflective clothing because fluorescent colours don't show up in the dark

Torches help you see and be seen

Reflective armbands, accessories and bags all help to keep you bright at night

Let's look out for each other



## BE SAFE BE SEEN

Find out how you can stay safe cycling in the winter online at [www.environment.admin.cam.ac.uk/what-are-we-doing/travel](http://www.environment.admin.cam.ac.uk/what-are-we-doing/travel)

- 1 Wear bright reflective clothing.
- 2 Put a white front light and red back light on your bike.
- 3 Put a red back reflector on the back of your bike.



Web: [www.environment.admin.cam.ac.uk](http://www.environment.admin.cam.ac.uk)  
Email: [environment@admin.cam.ac.uk](mailto:environment@admin.cam.ac.uk)

CUenvironment  
@CambridgeSust



# Be Safe Be Seen



Let's look out for each other