

Hi 3 Child,

I hope you have had a great week and have been keeping busy. I expect that you have been keeping up with your home learning and making sure you give it a try first before asking for help. Remind your parents/carers that they can email us if you are struggling with something.

**Weekly Challenge:** Design your own flower garden, you can use any materials you would like (paint, colouring pencils, legos, clay, cardboard, etc.). You could even make it 3-dimensional for an extra challenge.

*Take a picture of your creation and send it to me on the Year 3 email. You can't be in the picture though, just your creation! I can't wait to see them :D*

**Active Challenge:** Spell out your name doing these activities, I tried it and it is quite difficult!

**what's your name!** fit activity for kids

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.

<b>A</b> jump up & down 10 times	<b>N</b> pick up a ball without using your hands
<b>B</b> spin around in a circle 5 times	<b>O</b> walk backwards 50 steps and skip back
<b>C</b> hop on one foot 5 times	<b>P</b> walk sideways 20 steps and hop back
<b>D</b> run to the nearest door and run back	<b>Q</b> crawl like a crab for a count of 10
<b>E</b> walk like a bear for a count of 5	<b>R</b> walk like a bear for a count of 5
<b>F</b> do 3 cartwheels	<b>S</b> bend down and touch your toes 20 times
<b>G</b> do 10 jumping jacks	<b>T</b> pretend to pedal a bike with your hands for a count of 17
<b>H</b> hop like a frog 8 times	<b>U</b> roll a ball using only your head
<b>I</b> balance on your left foot for a count of 10	<b>V</b> flap your arms like a bird 25 times
<b>J</b> balance on your right foot for a count of 10	<b>W</b> pretend to ride a horse for a count of 15
<b>K</b> march like a toy soldier for a count of 12	<b>X</b> try and touch the clouds for a count of 15
<b>L</b> pretend to jump rope for a count of 20	<b>Y</b> walk on your knees for a count of 10
<b>M</b> do 3 somersaults	<b>Z</b> do 10 push-ups

Keep up with the good hand washing, be good listeners and enjoy your time with your families!

Yours truly,  
**Miss Rutter**

**Q. What do you call a dinosaur that is sleeping?**

**A. A dino-snore!**

**Joke of the Week**