

Hi 2 Ahlberg,

How did you get along with dancing along to the 'Banana, Banana, Meatball' video on GoNoodle. Did you join me at 9 o'clock? Hope you did. Well this week I'm jogging along to the GoNoodle 'Not Dog Time Machine' travelling back to 1985.

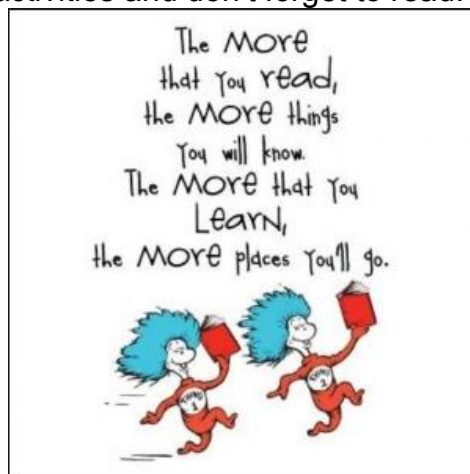
Don't forget. 9 o'clock SHARP!



Look at how my lentils have grown! They have started to sprout and I'm feeling quite proud of myself. So proud, in fact, that I thought I would put some carrot tops in a container and add a little water every day. In only five days, they have grown some green shoots!

How are your seeds doing? Are there any vegetables or fruit seeds you could try to grow on your kitchen window sill? Give some a try.

Keep doing your weekly activities and don't forget to read.



Remember! Always use the 6-step method when washing your hands, especially before you eat!

Mrs Benjamin-Daley