

Here is a playdough recipe for you to make at home. There is a Gingerbread Man activity or your child could use the playdough to pretend play (e.g. make cakes) or to make letters/numbers.

Playdough recipe

Makes 1 coloured ball

Prep 10 minutes

You will need:

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil

Method

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.
4. Store in a plastic sandwich bag (squeeze out the air) in the fridge to keep it fresh.

If you would like to watch a step-by-step video: https://www.youtube.com/watch?v=11qTo_p2zO4

Playdough activity idea (good for fine motor skills):

- Using the recipe above and the Gingerbread man template.
- Practise decorating different gingerbread men using skills such as:
 - Rolling balls to make eyes/buttons
 - Rolling longer strips to make hair/scarf
 - Flattening pieces to make shoes/gloves
 - Making patterns on the gingerbread man by using items from the kitchen e.g. a fork print can make stripes on a scarf.

