

# MUSIC



## YEAR 4

Activities and learning materials

# BODY PERCUSSION

What does term “**BODY PERCUSSION**” mean?

**Body percussion** is the art of striking the **body** to produce various types of sounds for musical, educational and fun purpose.

What is **body percussion** instrument?

Our own **body** is used as an instrument

**Percussion instruments** produce their sound when a player hits, scrapes, rubs or shakes them to produce vibrations. These techniques can also be applied to the human **body**. The **body** also presents several unique possibilities including the use of inhaled or exhaled air and vocal sounds.

What kind of sound can we use for **body percussion** composition?

Let’s think what kind of sound can our body make?



Sit PAT



Stand PAT



CLAP



SNAP



PARTNER CLAP



STOMP



REST

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Try to practice those sounds

Now we can combine those sounds into musical composition:

4 beats

	1	2	3	4
1				
2				
3				

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	1	2	3	4
1				
2				
3				

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## Now it's for you to play

You can print this table and draw those sound to create your own body percussion composition. Or you can draw your table on the piece of paper.


# TIME TO PRACTISE

Watch this video and try to learn body percussion

