# MUSIC







YEAR 4

Activities and learning materials

### **BODY PERCUSSION**

#### What does term "BODY PERCUSSION" mean?

**Body percussion is the** art of striking the **body** to produce various types of sounds for musical, educational and fun purpose.

#### What is **body percussion** instrument?

Our own **body** is used as an instrument

**Percussion instruments** produce their sound when a player hits, scrapes, rubs or shakes them to produce vibrations. These techniques can also be applied to the human **body**. The **body** also presents several unique possibilities including the use of inhaled or exhaled air and vocal sounds.

# What kind of sound can we use for **body percsussion** composition?

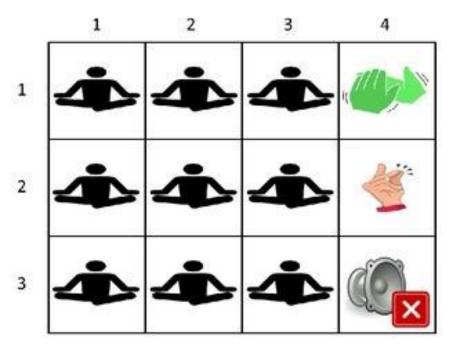
Let's think what kind of sound can our body make?



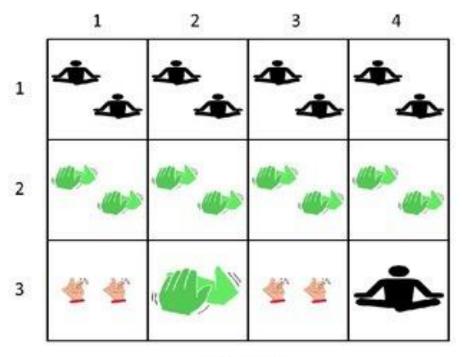
Try to practice those sounds

# Now we can combine those sounds into musical composition:

### 4 beats



02015 Dome Mells Dyna



02015 Dome Marie Cyrus

## Now it's for you to play

You can print this table and draw those sound to create your own body percussion composition. Or you can draw your table on the piece of paper.

### **TIME TO PRACTISE**

Watch this video and try to learn body percussion



